

Transitioning to College for Nephrotic Syndrome Patients & Families Helpful Links & Resources

We have compiled a few sources and organizations that may provide support in preparing for and transitioning to college. We invite you to check them out to determine if any apply to your family / child.

Managing Chronic Illness in College, Suzanne Shaffer

<https://www.collegiateparent.com/wellness/managing-chronic-illness-in-college/>

Accessing Disability Services in College

<https://thinkcollege.net/think-college-learn/accessing-disability-services/accessing-disability-services-office-roles>

Each college handles disability services differently. Students should contact the Disability Support Office at their college (or in advance of applying) to find out what services are offered. Most universities have this office. It is also referred to as DSP (Disability Services or Disabled Students Program).

Even if you do not think you will use it, registering as part of a school's DSP is a good idea. Registering and establishing accommodations will allow you the school sanctioned backing needed to exercise them if needed.

Proctored Exam Accommodation

One particularly helpful accommodation allows for proctored exams. You never know when a professor will decide not to work with you, or be less than understanding. Having this accommodation in place can be crucial.

Tuition Support / Reduction

In some cases DSP students can get a 50% reduction in tuition if they are forced to take a part time load due to a documented health condition.

Preparing for Self Advocacy

It's important to set your student on a path for self advocacy early on. If you can encourage them to advocate for themselves as much as possible in high school or before, the transition to doing so in college will be easier.

Encourage them to speak to their high school teachers directly whenever possible. Suggest they initiate meetings with their teachers / counselors to check-in throughout the year.

Good luck!

Please let us know if you have success and / or find new resources so we can add to this list and help as many families as possible!